



4x4 BOOKMARK INSTRUCTIONS



Enjoy this free
Bookmark

Finished size
3 by 6.7 inches
7.2 by 17cm's

- Made and joined in 2 hooping's for 4x4 hoops
- 1 hooping for the 5x7 hoop
- Fully reversable



MATERIALS REQUIRED

- Water Soluble Stabiliser -Fabric type not plastic type
- Fabric Scraps – I used 3 different fabrics
 - White for face
 - Blue for hat
 - White/silver for bookmark bottom
 - You can use any combination you like
 - 4X4-three separate backing fabrics (same as front)
 - 5x7 – 1 4x8 inch backing piece

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and sell as your own machine embroidery design

- Thin Batting/Pellon

****Optional**

- Matching Bobbin Thread
- Tassel or ribbon

NOTES ABOUT THESE DESIGNS



The 4x4 size is made with 3 different matching backing fabrics, whereas the 5x7 hoop has 1 piece of fabric for the back (just for ease)



OPTIONAL

I add a very thin Iron-on Interfacing to the wrong-side of my Backing Fabrics

If you prefer a stronger bookmark, you can use heavy felt in place of the batting

As each hoop size is constructed in a different way, we have 2 set of instructions

- [4x4 hoop](#)
- [5x7 hoop](#)

CONSTRUCTION – 4x4 hoop

Each Bookmark has 2 files:

- SM4x4-A *Stitches the Bottom of the Bookmark*
- SM4x4-B *Stitches the Head*

You can use the Head File (B) on its own as an applique design

You must stitch the designs in the correct order, as all the joining is completed as you stitch



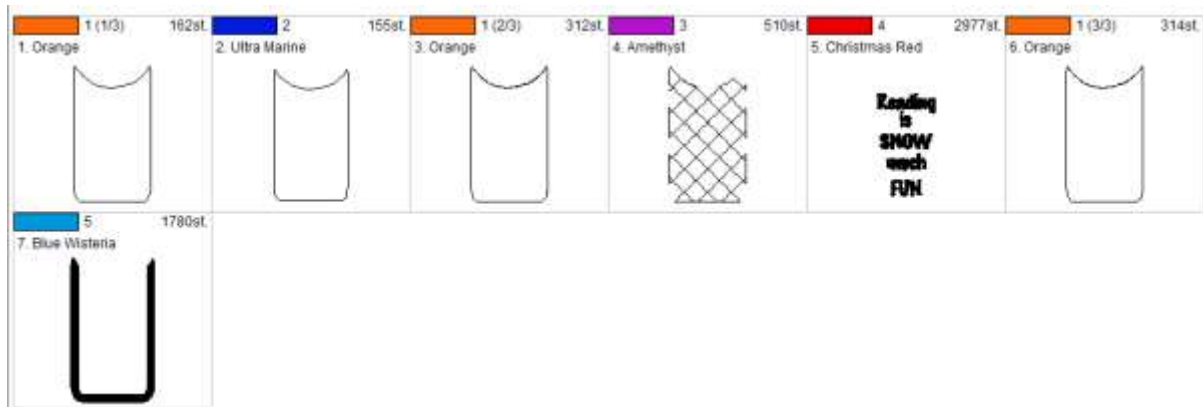
Hoop 2 layers of Water-Soluble fabric type stabiliser

Use pins at hoop edge to ensure no stabiliser movement.

If you are new to this technique
[Click here to watch Kays hooping video](#)

PART 1

File name SM4X4-A



Load design to your machine

- Thread your machine with a neutral color
- Hoop 2 layers of Water-Soluble Stabiliser (Fabric Type)

STEP ONE – Stitch the Fabric Placement Line



Stitch Color 1 – the outline of the bookmark



OPTIONAL

If you are adding a Tassel, tape it in place as pictured

STEP TWO – Add Batting



Place your batting over the guidelines

Stitch Color 2 to attach

STEP THREE – Trim Batting



Remove hoop from Machine

Trim away excess batting from around the body

Return hoop to Machine

Sorry – I missed this photo so have shown a different sample

STEP FOUR – Add Fabrics



Place your bookmark fabric over the guideline

Stitch Color 3 to attach

STEP FIVE – Stitch embroidery detail



Color 4 –
Background
Quilting

Color 5 – wording

(Skip this color if
you don't want the
wording)

If you wish to add your own wording or embroidery design instead, you need to stitch them at this point before you add the backing
Not sure how? [click here to read our info on Adding your own Lettering](#) to our designs

STEP SIX - Add Backing

BACK OF HOOP

Remove your hoop from the machine and as pictured, use small pieces of tape to hold the backing fabric in place, then return hoop to machine

Wrong-side of Fabric facing the hoop

Then return hoop to machine





Stitch Color 6 to attach your backing fabric

STEP SEVEN – Cut away excess fabric front and back



Remove hoop from Machine

Cut away excess fabric on FRONT AND BACK OF HOOP



COMPLETE EMBROIDERY



Change bobbin thread to match, if you are making reversable

Color 7 - zig zags the raw edges
And stitches the satin stitch edge

FINISHING

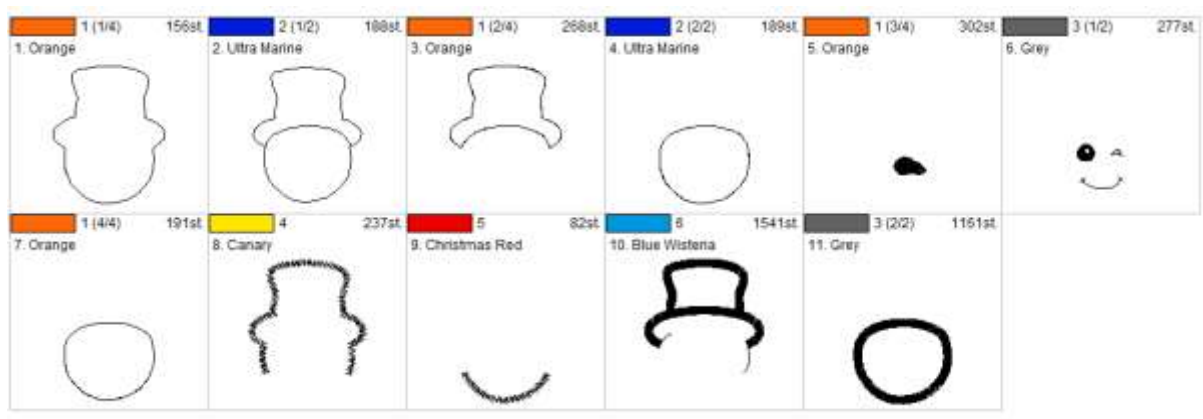


Remove from hoop

Cut away the excess stabiliser around the edges

Take the time to neaten up the top 'raw' edge which is the join – clip as close as you can to the stitch line

File name SM4X4-B



- Thread your machine with a neutral color
- Hoop 2 layers of Water-Soluble Stabiliser (Fabric Type)
- Stitch Color 1 – the outline of the Head



Place batting over the guidelines

Stitch Color 2 to attach

Cut away excess Batting

(NOT PICTURED)



On the back of your hoop

Tape hat fabric in place over the hat guideline

RIGHT SIDE of fabric facing upwards



On the front of the hoop

Place your Head fabric over the guidelines

Stitch Color 3 to attach



Cut away the excess fabric from the snowman face on the front AND BACK of the hoop





Place your white fabric over the guideline and stitch Color 4 to attach



Stitch face details

Color 5 – Black eyes and nose

Color 6 – Orange Nose



On back of hoop

Tape White fabric
over the head
guideline



Return hoop to
machine

Stitch Color 7 to
attach the backing
fabric



Remove hoop from Machine

Cut away excess fabric on FRONT AND BACK OF HOOP



Stitch Color 8 to zig zag the raw edges and stop where you will join Part 1



Place your Body
in place as
pictured

You will have a
slight over-lap

You are
matching stitch
lines on both
pieces

Tape in place



Slow your
machine down, ot
start and stop as
you need

Stitch Color 9
which joins the
pieces with a zig
zag stitch

You want to see
the zig zag cover
both sides of the
join



Change bobbin thread to match

Color 10 stitches the hat satin stitch

Color 11 stitches the head satin stitch



Remove from hoop and cut away excess Stabiliser from the edges

Use hot water and Q Tip (Cotton Bud) to remove all traces of the Stabiliser

(the WSS residue becomes quite gluey – this works well to 'glue' down any fluffies on the edge, and strengthens the edges)

CONSTRUCTION – 5x7 hoop

File name SM5X7

1 (1/4) 1. Orange	248st 2. Ultra Marine	501st 3. Orange	1 (2/4) 317st 4. Ultra Marine	267st 5. Orange	189st 6. Canary	209st
4 (1/2) 7. Amethyst	529st 8. Christmas Red	2988st 9. Orange	1 (4/4) 311st 10. Grey	6 (1/2) 280st 11. Amethyst	482st 12. Canary	480st
7 13. Fluorescent Green	1543st 14. Blue Visteria	1578st 15. Grey	6 (2/2) 1161st			

- Thread your machine with a neutral color



Hoop 2 layers of Water Soluble fabric type stabiliser

Use pins at hoop edge to ensure no stabiliser movement.

If you are new to this technique
[Click here to watch Kays hooping video](#)

STEP ONE – Stitch the Fabric Placement Line



Stitch Color 1 – the outline of the bookmark



OPTIONAL

If you are adding a Tassel, tape it in place as pictured

4x4 size shown but idea is the same

STEP TWO – Add Batting



Place your batting over the guidelines

Stitch Color 2 to attach

STEP THREE – Trim Batting



Remove hoop from Machine

Trim away excess batting from around the body

Return hoop to Machine

STEP FOUR – Add Fabrics



Place your
bookmark fabric
over the
guideline

Stitch Color 3 to
attach



Cut away excess
fabric from the
snowman head
as pictured



Place hat fabric
over the
guideline

Stitch Color 4 to
attach

Again, cut away
excess fabric
from the
snowman head



Place your white
head fabric over
the guideline

Stitch Color 5 to
attach

Cut away excess
fabric from
around the head



Continuing in
your neutral color

Stitch Color 6
which zig zags
the raw edge
around the head

STEP FIVE – Stitch embroidery detail



Color 7 –
Bookmark Bottom
Quilting

Color 8 – wording

(Skip this color if
you don't want
the wording)

Color 9 – Orange
Nose

Color 10 – Black
eyes and mouth

If you wish to add your own wording or embroidery design instead, you need to stitch them at this point before you add the backing
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STEP SIX - Add Backing

BACK OF HOOP

Remove your hoop from the machine and as pictured, use small pieces of tape to hold the backing fabric in place, then return hoop to machine

Wrong-side of Fabric facing the hoop

Then return hoop to machine



Stitch Color 6 to attach your backing fabric

STEP SEVEN – Cut away excess fabric front and back



Remove hoop from Machine

Cut away excess fabric on
FRONT AND BACK OF HOOP



COMPLETE EMBROIDERY



*Change bobbin
thread to match*

Color 12 - zig zags
the raw edges

Color 13 – bottom
bookmark satin
stitch edge

Color 14 – Hat
Satin stitch

Color 15 – Head
Satin Stitch

In my sample I
used one color to
save changing
bobbins

FINISH AS PER 4X4 HOOP

I trust you will enjoy stitching these designs. Be sure to Join our [Kreative Kiwi Group](#) and share photos of your Designs and join our helpful community of Embroidery Addicts

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Cheers Heather

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